

ICARE

HILLSIDE SCHOOL'S OWN CHARACTER EDUCATION PROGRAM, KNOWN AS ICARE—WHICH STANDS FOR INTEGRITY, CARING, ATTITUDE, RESPECT, AND EMPATHY—WAS STARTED IN 2012.

ICARE VISION

EVERY STUDENT IN HILLSIDE WILL DEMONSTRATE THEIR KNOWLEDGE, SKILLS, AND BEHAVIOR IN ACCORDANCE WITH THE ICARE PROGRAM. WE WILL ESTABLISH A NURTURING ATMOSPHERE WITH THE GUIDANCE OF EDUCATORS AND SCHOOL ADMINISTRATORS.

ICARE MISSION

WE HELP LEADERS DEMONSTRATE VALUES SUCH AS INTEGRITY, CARING, ATTITUDE, RESPECT, AND EMPATHY. WE ALSO ASSIST HILLSIDE EDUCATORS IN TEACHING CHARACTER EDUCATION AND SOCIAL-EMOTIONAL LEARNING IN A WAY THAT IS RELEVANT TO DIFFERENT CULTURES. OUR GOAL IS TO CREATE A POSITIVE SCHOOL CLIMATE IN OUR SCHOOL AND COMMUNITY.



THIS PROGRAM FEATURES MONTHLY THEMES AND LESSONS FACILITATED BY MRS. LANG AND MS. WEISS. THROUGH THE ICARE AND WELLNESS LESSONS, STUDENTS NOT ONLY LEARN ESSENTIAL COPING SKILLS AND HOW TO HANDLE EMOTIONS POSITIVELY BUT ALSO GAIN VALUABLE INSIGHTS INTO EMPATHY, SOCIAL SKILLS, AND FRIENDSHIP BUILDING. THE PROGRAM EMPHASIZES MAKING RESPONSIBLE DECISIONS, RESOLVING CONFLICTS PEACEFULLY, AND IMPLEMENTING MINDFULNESS TECHNIQUES, ALL OF WHICH CONTRIBUTE TO ACADEMIC SUCCESS. BY FOSTERING A SUPPORTIVE AND RESPECTFUL LEARNING ENVIRONMENT, STUDENTS ARE BETTER EQUIPPED TO EXCEL ACADEMICALLY WHILE DEVELOPING THEIR CHARACTER AND RELATIONSHIPS.

SEPTEMBER

BACK TO SCHOOL READINESS

OCTOBER

RESPECT/ICARE WEEK & SCHOOL VIOLENCE AWARENESS WEEK

NOVEMBER

FRIENDSHIP SKILLS & CONFLICT RESOLUTION SKILLS

DECEMBER

SELF AWARENESS & EMPATHY

JANUARY

SELF MANAGEMENT & NEW YEAR RULES REVIEW

FEBRUARY

RELATIONSHIP SKILLS

MARCH

RESPONSIBLE DECISION MAKING

APRIL

SOCIAL AWARENESS & SPRING RULES REFRESHER

MAY

MENTAL HEALTH MONTH

JUNE

END OF YEAR PREPARATION

