

HILLSIDE HAPPENINGS

September 29, 2023

IMPORTANT DATES

Hispanic Heritage Month

October 2-6- Week of Respect

October 5- School pictures

October 6- Spirit Day

October 9- 12:40 dismissal for students, NO LUNCH PERIOD

October 17-19- PTO Book Fair

[Hebrew translation](#) [Korean translation](#) [Spanish translation](#)

Week of Respect

The *Anti-Bullying Bill of Rights Act* (P.L.2010, c.122) requires that the first week in October be designated as a "Week of Respect" in New Jersey. View the activities school counselors have planned here. ([link](#))

Stay Informed

Visit our school and district website for up to date information and upcoming events. You can find Superintendent reports [here](#).

Important Reminders

- Dogs are not permitted on school property. ([Policy 7490](#))
- Students should wear appropriate and safe footwear for recess each day. Crocs and slides are not safe for outdoor recess.
- Bikes, scooters or other recreational wheeled devices should be **walked** while on school property.

Academic Assistance Program

The Academic Assistance Program will begin October 24 and continue through December 21, 2023. The program will run on Tuesdays and Thursdays from 3:20 p.m. to 4:20 p.m. Eligibility will be determined by mid-October. Families of K-4 students meeting the criteria will be notified by email. Questions about the program can be

directed to Ms. Cohen, Assistant Principal, (CohenL@nvnet.org).

From The Health Office

The school nurse will begin screening students in Grades 1-4 without a current physical for height, weight, blood pressure, etc., per the NJ state requirement. If your child has had a physical examination within the last 365 days, please forward the paperwork/results to the nurse at HaeneltK@nvnet.org.

A Message From School Counselors Mrs. Lang and Ms. Weiss

We are so happy to see our students! This year has been off to a great start so far. We have begun implementing our ICARE and Wellness Wednesday lessons and activities.

During our first month together we worked on Back to School Readiness and Including Others. You can view our [Back To School Videos here](#). You can view our [Inclusion Videos here](#).

At Hillside, we offer these supports for our students, a Wellness component for staff, and this year, we would like to extend our Wellness to include you!

Each month, we plan to offer you a helpful parenting tip and a Wellness Activity. We hope you enjoy these activities whether you do them solo or with the whole family!

Parent Tip:

Routines are an important part of setting your child up for success. Having a morning, evening, and after school routine is greatly beneficial in creating structure and helping your child with knowing what to expect. Routines can help to ease anxiety, avoid fighting, and to empower children with knowledge. Check out [this free resource](#) and spend some time with your child creating or revising routines!

Wellness Activity:

A great way to end the day is to practice positive affirmations. Add these into your child's evening routine and do them together to experience the bonus of quality time! Some

affirmations to practice either in the mirror or with each other are: "I love myself. I am strong. I am safe. I am brave. I am beautiful."

From The Closter PTO

Pre-Order Cat Kid Comic Club 3-Influencers!

Hillside Elementary
BOOK FAIR
It's Book Fair Time!
October 17-19

Family Shopping Event!
October 18 from 3:30-5:30 pm

Save the Date!

I Love Books!

Kids can pre-order my new book!

SCHOLASTIC