

# ICARE

## Integrity, Caring, Attitude, Respect, and Empathy

### ICARE Vision

Every student in Hillside will demonstrate their knowledge, skills, and behavior in accordance with the ICARE program. We will establish a nurturing atmosphere with the guidance of educators and school administrators.

### ICARE Mission

We help leaders demonstrate values such as integrity, caring, attitude, respect, and empathy. We also assist Hillside educators in teaching character education and social-emotional learning in a way that is relevant to different cultures. Our goal is to create a positive school climate in our school and community.

Hillside School's own character education program known as ICARE, stands for Integrity, Caring, Attitude, Respect, and Empathy.

This program features monthly themes and lessons facilitated by Mrs. Lang and Ms. Weiss. Through the ICARE and Wellness lessons, students not only learn essential coping skills and how to handle emotions positively but also gain valuable insights into empathy, social skills, and friendship building. The program emphasizes making responsible decisions, resolving conflicts peacefully, and implementing mindfulness techniques, all of which contribute to academic success. By fostering a supportive and respectful learning environment, students are better equipped to excel academically while developing their character and relationships.

<b>Month</b>	<b>Social Emotional Skills</b>
September	Back to School Readiness
October	Respect/ICARE Week & School Violence Awareness Week

November	Friendship Skills & Conflict Resolution Skills
December	Self Awareness & Empathy
January	Self Management & New Year Rules Review
February	Relationship Skills
March	Responsible Decision Making
April	Social Awareness & Spring Rules Refresher
May	Mental Health Month
June	End of Year Preparation