

# HILLSIDE HAPPENINGS

*December 8, 2023*

## IMPORTANT DATES

***Happy Hanukkah!***

***December 11- Grading  
open in Realtime***

***CAP Parent  
Presentation, 2:00  
p.m., Hillside Gym***

***December 14- Grade  
Four Chorus and  
String Ensemble  
Concert***

***December 19 and 21-  
Last days for  
Academic Assistance  
Program***

***December 22- 12:40  
p.m. dismissal***

[Hebrew translation](#) [Korean translation](#) [Spanish translation](#)

## Student Council

We are pleased to share our 2023-24 Student Council officers!

President Anna Yang

Vice President Shirin Masoumi

Treasurer William Lee

Secretary Stella Hong

## Welcome Back

Our Hillside family is happy to have Ms. Zanin back from her leave of absence. She can be contacted at [zanink@nvnet.org](mailto:zanink@nvnet.org)

## What's Happening in Hillside?

Let's spread some holiday cheer! December spirit days can be viewed here. ([LINK](#))

Trimester One has come to an end. The parent portal will open for report card viewing **after school on Monday, December 11**. Look for an email with this notification.

Donate toys for the PBA Toy Drive through December 18! ([LINK](#))

CAP parent presentation information ([LINK](#))

**Kindergarten** is preparing a holiday show and tell.

**First grade friends** are learning story elements and subtraction strategies.

**Second grade** authors are writing personal narratives.

**Third grade** students are learning about the state of New Jersey.

**Fourth grade** students are learning about the branches of government and their roles.

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## From The Health Office

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The school nurse will begin screening students in Grades 1-4 without a current physical for height, weight, blood pressure, etc., per the NJ state requirement. If your child has had a physical examination within the last 365 days, please forward the paperwork/results to the nurse at [HaeneltK@nvnet.org](mailto:HaeneltK@nvnet.org).

Here are healthy tips from Mrs. Haenelt! ([LINK](#))

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## A Message From School Counselors Mrs. Long and Ms. Weiss

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We are starting the month of December on the topic of [Self-Awareness](#).

Below you will find a parent tip and wellness activity for the month of December.

### Parent Tip:

Knowing that family gatherings can be stressful, below are a few tips by Susan Stiffelman, a Marriage and Family Therapist.

- **Make time for quiet connection.** Children cope better when we can be the calm port in the storm. Make time to connect -- whether it's an extra long cuddle, a few quiet moments solving a riddle, or singing a special song together.
- **Lower your expectations.** For many families, the holidays are the only time they see extended family, magnifying the desire to make things go smoothly. Create expectations that celebrate moments of connection, however brief they may be.
- **Talk with family ahead of time.** If you have a child who is easily overwhelmed by sensory input, they may need time to step away from the chaos. If you mention this in advance to your family and enlist their help, they'll likely be more supportive and understanding.

## Reminders

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- Help your child(ren) to arrive on time to school each day.
- Visit our school and district website for up-to-date information and upcoming events. You can find Superintendent reports [here](#).
- Dogs are not permitted on school property. ([Policy 7490](#))
- Students should wear appropriate and safe footwear for recess each day. Crocs and slides are not safe for outdoor recess.
- Bikes, scooters, or other recreational wheeled devices should be **walked** while on school property.