# HILLSIDE HAPPENINGS

# December 22, 2023

# IMPORTANT DATES

December 25-January 1- Holiday recess

January 16- Martin Luther King, Jr. Day, schools closed for students Hebrew translation Korean translation Spanish translation

# Happy Holidays

From the Hillside family to yours, we wish you a happy and healthy holiday season. Enjoy this time with loved ones.

## Winter Weather

With winter upon us, please review the procedures for a delayed opening on our site. (LINK)

# Student absence

Whenever your child is going to be absent it is **very important** that you call the absence line **first** at 201-768-3860 X41133 with student's name, teacher and reason for absence. Notifying the teacher is also appreciated, however, if the teacher is absent that email will not reach the main office as substitutes do not have access to staff email.

# What's Happening in Hillside?

**Kindergarten** mathematicians are learning to add. **First grade readers** are identifying and writing I blends. **Second grade** friends are learning about holidays around the world.

**Third grade** writers are learning about the importance of character traits (inside and outside).

Fourth grade learners are exploring the basics of coding.

Below is information previously shared about the CAP program.

Erin's Law (A-769/S-1130), signed in 2019, requires all New Jersey school districts to incorporate age-appropriate sexual abuse prevention and awareness education into the New Jersey Student Learning Standards from Pre-K through grade 12.

Hillside Elementary School is providing Child Assault Prevention (CAP) training for students in grades K, 2, and 4 to prevent abuse and bullying, teach them how to self-advocate and be assertive and teach self-protection strategies to keep them safe from sexual abuse, abduction, and other potentially dangerous situations.

Thank you to the families who attended the December 11 parent presentation.

Students will participate in the program on the following dates. Kindergarten- January 8-10 Grade 2- January 8-9 Grade 4- January 10-12

For additional information about CAP, visit <u>www.njcap.org</u>.

If you have questions, contact Hillside counselors Ms. Dara Weiss (<u>weiss@nvnet.org</u>) or Ms. Suzanne Lang (<u>langs@nvnet.org</u>)

## From The Health Office

The school nurse will begin screening students in Grades 1-4 without a current physical for height, weight, blood pressure, etc., per the NJ state requirement. If your child has had a physical examination within the last 365 days, please forward the paperwork/results to the nurse at HaeneltK@nvnet.org.

Here are healthy tips from Mrs. Haenelt! (LINK)

## A Message From School Counselors Mrs. Lang and Ms. Weiss

During the month of December our students learned about <u>Self-Awareness</u> and had a refresher on the topic of <u>Coping Skills</u> to manage big feelings.

As we leave for the holiday break, we are sharing an optional <u>12 Days of Kindness</u> <u>Challenge</u> for students to complete a daily kindness task! If you/your child would like to take a photo and upload any or all of the tasks in action you can submit the photos <u>here</u>.

#### Parent Tip

In the last newsletter we gave out tips about family gatherings. Here are more <u>parent tips</u> on how to protect your child's boundaries at family gatherings from Big Life Journal.

Wishing you and yours a happy and healthy holiday season!

#### Reminders

-Help your child(ren) to arrive on time to school each day.

-Visit our school and district website for up-to-date information and upcoming events. You can find Superintendent reports <u>here</u>.

-Dogs are not permitted on school property. (Policy 7490)

-Students should wear appropriate and safe footwear for recess each day. Crocs and slides are not safe for outdoor recess.

-Bikes, scooters, or other recreational wheeled devices should be **walked** while on school property.